

## **Certificate in Equestrian Coaching Level 1**

*What will this Qualification allow me to do?*

This qualification will qualify you to operate as an equestrian coaching assistant in the general riding environment. You will be able to support other coaches to deliver and evaluate coaching sessions. You will be qualified to work alongside other coaches in an assistant role and will form part of a larger coaching team.

*What will I learn?*

As you complete the qualification, you will learn what the role of a coaching assistant is, what will be expected of you in this role, and what the boundaries of this role are. You will also develop your coaching skills and learn how to deliver pre-planned coaching activities that are safe and effective.

*Assessment*

Your assessment will involve a number of written tasks to test your knowledge of the role of a coaching assistant operating at this level, including multiple choice and short answer questions, observation whilst delivering pre-planned coaching activities, and a self-evaluation to identify areas for future improvement.

*What can I do next?*

This qualification sits within a suite of other coaching qualifications and as you develop as a coach you may wish to complete other coaching qualifications at higher levels such as the CIEC Lv2 or another sport specific alternative, both of which would allow you to plan your own coaching sessions and to deliver these independently.

## **Registration and Certification Requirements**

### ***To register onto the CIEC lv1 qualification learners must:***

- be at least 16 years of age **AND**
- be able to communicate effectively in English, **AND**
- be able to evidence knowledge of the basic care of horses and be able to prepare a horse for a ridden session, **AND**
- be able to evidence the ability to competently walk, trot and canter (without stirrups in walk and trot) and over ground poles

### ***Prior to being certificated learners must:***

- be at least 16 years of age, **AND**
- have attended a recognised safeguarding workshop, **AND**
- hold a current recognised first aid qualification (minimum 1 Day Course – however a 2 Day Course is recommended for coaches aiming to progress to CIEC Level 2)

### **Please note:**

#### ***Evidence of the ability to provide basic horse care and prepare a horse for a ridden session may include:***

- a recognised basic horse care qualification, e.g. Pony Club (PC) C Test Horse and Pony Care, British Horse Society (BHS) Stage 1 Care, or other similar level qualification, **OR**
- a witness testimony from a suitably qualified person, e.g. Stage 4 Senior Coach/ BHSII, UKCC Level 3 Coach, PC AH Test holder or equivalent

#### ***Evidence of the ability to competently walk, trot and canter (without stirrups in walk and trot), and over ground poles may include:***

- a recognised basic riding qualification, e.g. PC C Test Riding, BHS Stage 1 Ride, or similar level qualification, **OR**
- a witness testimony from a suitably qualified person, e.g. BHS Stage 4 Senior Coach / BHSII, UKCC Level 3 Coach, PC A Test holder or equivalent, **OR**
- video evidence of riding in walk, trot and canter (without stirrups in walk and trot) and over ground poles, **OR**
- a competition record, e.g. a British Eventing (BE), British Dressage (BD) or British Showjumping (BS)

#### ***Safeguarding workshops recognised include:***

- UK Coaching Safeguarding & Protecting Children (NB this is the only qualification accepted by SportScotland)
- British Equestrian Federation (BEF) Safeguarding Course

#### ***First aid qualifications recognised include:***

- Emergency First Aid 1 Day Course
- BHS Initial First Aid 2 Day Course
- First Aid at Work (FAW) 3 Day Course