



# **ASSOCIATION OF BRITISH RIDING SCHOOLS**

## **PROGRESSIVE RIDER TESTS**

### **EQUITATION AND STABLE MANAGEMENT**

If you haven't got your own horse but want to set yourself some goals to improve your riding, don't despair because the ABRS Progressive Rider Tests could be your perfect option.

The ABRS recognises that not everyone is lucky enough to own a horse. Financial and time constraints mean that many riders rely on getting their 'equine fix' on a weekly basis, with a much looked-forward-to riding session at their local approved centre.

ABRS Progressive Rider Tests have been specifically designed to provide a logical and progressive system of training. They give adult and child riders a structured programme of realistic stepping stones to achieve their equestrian goals both in the saddle and on the ground. The Tests can also be adapted as necessary to suit riders with a disability.

#### **Introductory Tests**

Tests A to E in Equitation and Stable Management provide a very gentle introduction for young children or nervous riders.

#### **Equitation Tests**

Candidates begin with Equitation Test 1 of the ABRS Progressive Rider Tests, which encompasses the most basic aspects of learning to ride and may progress through to Equitation Test 10, which includes lateral work and riding a dressage test. Jumping is not mandatory; alternative sections are available for those opting not to jump.

#### **Stable Management Tests**

These Tests are designed to enhance knowledge of horse care and management. Tests 1 to 10 cover the key aspects of looking after a horse. The Tests provide invaluable know-how and confidence for parents of horse-mad children who are beginning to feel a little out of their depth when they are roped in to help out with a pony!

A formal certificate is awarded for every Test. The Tests are recognised nationally as a respected standard of equestrian achievement.

**ABRS Progressive Rider Tests are an affordable way to increase your equestrian knowledge and ability.**

**Ask your local centre for further details and a price list or contact the ABRS (0845 643 9080 or [exams@abrs-info.org](mailto:exams@abrs-info.org))**