



ASSOCIATION OF BRITISH RIDING SCHOOLS

HELPER'S CERTIFICATE

INTERMEDIATE LEVEL LOG BOOK

Candidate Date of Birth

Instructor(s)

School

AT THIS LEVEL CANDIDATES SHOULD BE MONITORED AS REQUIRED.

Practical tasks

Each section will only to be dated and initialled when you have proved (over a period of time) that you can carry out that task SAFELY and reliably.

			Date Completed	Trainer's Initials
1	Catch and bring in a pony from the field.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2	Groom a pony before tacking up for a ride.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
3	Muck out safely and correctly.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
4	Tack up, tie up and leave safely.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5	Collect a pony from its stable/stall with a lead rein.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Lead a pony into the school and prepare the pony for mounting.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7	Assist in mounting a rider correctly from the ground or a mounting block.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
8	Lead during lessons.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
9	Hold a pony correctly while a rider dismounts.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
10	Lead pony back to stable/stall and leave safely.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
11	Untack and leave pony safe.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
12	Clean a set of tack and store it correctly.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
13	Return the pony to the field and release.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
14	Fill and tie a haynet.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

ABRS Helper's Certificate - Intermediate Level

Discuss the following questions with the proprietor, manager or a senior instructor.

		Date Completed	Trainer's Initials
1	What should you wear when around horses and why?
2	Your yard's safety rules and reasons for these.
3	Ways that accidents could be avoided.
4	Feeding procedures and the dangers involved.
5	How to carry water buckets and other heavy items.
6	How to deal with wet ponies and wet tack.
7	Why is it important to pick up droppings in the school?
8	School rules and safety procedure.
9	What kind of equine ailments should you report?
10	Who should you report any problems to?

Candidate

Log book completed

Date Signed by trainer

Proprietor/Manager's Name
(Please PRINT)

School

NOTE: It is for each proprietor to know, from their local Council, the minimum age allowed for a helper. The ABRS accepts no liability for failures in this respect and does not warrant that the possession of this Helper's Certificate implies suitability for such work other than in the school or riding establishment named above.