



ASSOCIATION OF BRITISH RIDING SCHOOLS

HELPER'S CERTIFICATE

ENTRY LEVEL LOG BOOK

Candidate Date of Birth

Instructor(s)

School

AT THIS LEVEL CANDIDATES SHOULD BE MONITORED AT ALL TIMES.

Practical tasks

Each section will only to be dated and initialled when you have proved (over a period of time) that you can carry out that task SAFELY and reliably.

			Date Completed	Trainer's Initials
1	Approach a pony in its stable/stall, catch and tie up.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2	Grooming – brushes and how to use them, pick out feet.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
3	Assist with tacking up, tie up and leave safely.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
4	Collect a pony from its stable/stall.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5	Lead a pony into the school and prepare for the rider to mount.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Assist with leading during lessons.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7	Assist with dismounting.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
8	Lead pony back to stable/stall and leave safely.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
9	Assist with untacking.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
10	Assist with returning tack to its correct place.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
11	Throughout this test a pleasant attitude must be shown at all times.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

ABRS Helper's Certificate - Entry Level

Discuss the following questions with the proprietor, manager or a senior instructor.

		Date Completed	Trainer's Initials
1	What should you wear when around horses?
2	How should you behave around horses?
3	How could your behaviour affect a pony?
4	Why should you not go near a pony at feed time?
5	What is the safest way to carry water buckets?
6	How do you clean bits and why?
7	What do you do with wet numnahs/pads and girths?
8	Why is it important to pick up droppings in fields?

Candidate

Log book completed

Date Signed by trainer

Proprietor/Manager's Name
(Please PRINT)

School

NOTE: It is for each proprietor to know, from their local Council, the minimum age allowed for a helper. The ABRS accepts no liability for failures in this respect and does not warrant that the possession of this Helper's Certificate implies suitability for such work other than in the school or riding establishment named above.