



ASSOCIATION OF BRITISH RIDING SCHOOLS

HELPER'S CERTIFICATE

SENIOR LEVEL LOG BOOK

Candidate Date of Birth

Instructor(s)

School

All tasks should be carried out within an acceptable length of time. Be very aware of safe practice around the yard and horses for yourself as well as others. All activities at this level should be achieved with minimal monitoring.

Appropriate dress code must be adhered to AT ALL TIMES.

Discuss each task with the proprietor, manager or a senior instructor.

			Date Completed	Trainer's Initials
1	Catch and bring in one pony from the field with other ponies left loose in the field.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2	Know how and where ponies can be tied up safely in your yard.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
3	Show effective grooming of both stabled and grass kept ponies	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
4	Fit and remove stable and outdoor rugs correctly and safely.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5	Identify various items of equipment used in your riding school eg: grass reins, martingales and nose nets etc	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Tack up with various extra items (as above) and different nosebands.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7	Take a tacked up pony into the arena and make ready for mounting, demonstrating how and where to line up safely and mount up rider.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
8	Know where to stand safely in the school and how to help when riders first come off the leading rein.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
9	Demonstrate how to hold and how to shorten the reins.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
10	Assist a rider to correct their position and know warm up exercises as directed by the instructor.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

ABRS HELPER'S CERTIFICATE – SENIOR LEVEL

		Date Completed	Trainer's Initials
11	Know your arena dimensions and basic school figures and movements.	□□□□
12	Return pony to its stable leaving it tacked up and with a rug on, ready for a later ride.	□□□□
13	Know the rules of hacking safely and demonstrate the role of assistant escort for a hack.	□□□□
14	Dismantle and clean a set of tack and put it back together correctly.	□□□□
15	Understand a feed chart and be aware of safe feeding practice.	□□□□
16	Know the difference between hay and haylage and recognize good and poor quality forage.	□□□□
17	Demonstrate knowledge of distances for ground pole work.	□□□□
18	Assist with course building showing awareness of safety issues.	□□□□
19	Know the safety procedure in the event of a fall or accident.	□□□□
20	Throughout this test a pleasant attitude must be shown at all times.	□□□□

Candidate

Log book completed

Date Signed by trainer

Proprietor/Manager's Name
(Please PRINT)

School

NOTE: It is for each proprietor to know, from their local Council, the minimum age allowed for a helper. The ABRS accepts no liability for failures in this respect and does not warrant that the possession of this Helper's Certificate implies suitability for such work other than in the school or riding establishment named above.