



# ASSOCIATION OF BRITISH RIDING SCHOOLS

## HELPER'S CERTIFICATE

### INTERMEDIATE LEVEL LOG BOOK

Candidate ..... Date of Birth .....

Instructor(s) .....

School .....

**AT THIS LEVEL CANDIDATES SHOULD BE MONITORED AS REQUIRED.**

#### **Practical tasks**

**Each section will only to be dated and initialled when you have proved (over a period of time) that you can carry out that task SAFELY and reliably.**

		<b>Date Completed</b>	<b>Trainer's Initials</b>
1	Catch and bring in a pony from the field.	□□□□ .....	.....
2	Groom a pony before tacking up for a ride.	□□□□ .....	.....
3	Muck out safely and correctly.	□□□□ .....	.....
4	Tack up, tie up and leave safely.	□□□□ .....	.....
5	Collect a pony from its stable/stall with a lead rein.	□□□□ .....	.....
6	Lead a pony into the school and prepare the pony for mounting.	□□□□ .....	.....
7	Assist in mounting a rider correctly from the ground or a mounting block.	□□□□ .....	.....
8	Lead during lessons.	□□□□ .....	.....
9	Hold a pony correctly while a rider dismounts.	□□□□ .....	.....
10	Lead pony back to stable/stall and leave safely.	□□□□ .....	.....
11	Untack and leave pony safe.	□□□□ .....	.....
12	Clean a set of tack and store it correctly.	□□□□ .....	.....
13.	Return the pony to the field and release.	□□□□ .....	.....
14	Fill and tie a haynet.	□□□□ .....	.....

# ABRS HELPER'S CERTIFICATE – INTERMEDIATE LEVEL

**Discuss the following questions with the proprietor, manager or a senior instructor.**

		<b>Date Completed</b>	<b>Trainer's Initials</b>
1	What should you wear when around horses and why?	.....	.....
2	Your yard's safety rules and reasons for these.	.....	.....
3	Ways that accidents could be avoided.	.....	.....
4	Feeding procedures and the dangers involved.	.....	.....
5	How to carry water buckets and other heavy items.	.....	.....
6	How to deal with wet ponies and wet tack.	.....	.....
7	Why is it important to pick up droppings in the school?	.....	.....
8	School rules and safety procedure.	.....	.....
9	What kind of equine ailments should you report?	.....	.....
10	Who should you report any problems to?	.....	.....

Candidate .....

Log book completed

Date ..... Signed by trainer .....

Proprietor/Manager's Name .....  
(Please PRINT)

School .....

**NOTE:** It is for each proprietor to know, from their local Council, the minimum age allowed for a helper. The ABRS accepts no liability for failures in this respect and does not warrant that the possession of this Helper's Certificate implies suitability for such work other than in the school or riding establishment named above.