



THE ASSOCIATION OF BRITISH RIDING SCHOOLS

**ARE PLEASED TO OFFER OUR RIDING SCHOOL PROPRIETORS AND STAFF
PROVISION TO OBTAIN**

UNITED KINGDOM COACHING CERTIFICATES



WHAT ARE COACHING CERTIFICATES?

United Kingdom Coaching Certificates were initiated by the government and implemented by Sport Coach UK to introduce a tiered level of Coaching Qualification. They are now offered by over 20 different sports; Equestrian being one. The Coaching Certificates and the level at which the coach is endorsed can be recognised throughout the Sport Industry. The certificates are easily recognisable to the general public as a level of Coach Education and performance due to this broad use, thus attracting new customers from home and abroad who are re-assured by the credibility of the awards. All Equestrian UKCC endorsements are awarded through Equestrian Qualifications GB Limited (EQL) who is approved by Ofqual the Office of Examinations and Qualifications regulation. The Association of British Riding schools are a UKCC Centre for delivery. EQL were asked by the British Equestrian Federation to award the certificates for all the Centres for delivery. The other Centres for delivery are made up from member bodies of the British Equestrian Federation. All centres work towards the overall aim of improving standards for our Country within Equestrian sport. The ABRS like the BHS and Pony Club deliver generic coaching courses Levels 1 – 3 and work from a Riding technical syllabus. Other member bodies work from their own technical syllabus which relates to their particular discipline. The BHS have now incorporated the coaching certificate assessment criteria into their teaching qualifications.

WHAT LEVEL OF COACHING CERTIFICATES DO THE ABRS OFFER?

The ABRS currently offer Level 2 training and assessment. Level 2 is designed for a general practical riding coach who can work unsupervised. Candidates provide evidence of APL to gain entry at Level 2. In the near future the ABRS aim to deliver Level 1 course's also which are designed for the assistant coach.

WHAT DOES THE TRAINING INVOLVE?

The ABRS engages a team of experienced Coach Educators to deliver 4 day training programmes at ABRS member school centres which are followed by a further day of Final Assessment. The training programme encourages candidates to evaluate their current practice and develop coaching skills and strategies and successfully apply them to improve performance and achieve desirable results from their pupils. Coaching encourages rider centred learning.

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The courses are held over 4 non-consecutive days with an optional day at the end for anyone who feels they require more training. Day 1 is coaching theory and is classroom based. Workshops 2 & 3 also involve planned, assessed coaching practice enabling the candidates to confidently apply skills and also get used to being in an assessment environment. Each session is evaluated by all candidates together with the Coach Educator. Candidates enjoy the opportunity to ride in the sessions and share training methods and exercises to improve performance. Throughout the training programme there is a large element of home study and monitored coaching practice. Candidates work with guidance to build a portfolio of evidence. The portfolio must be assessed up to standard and the candidates must demonstrate 2 successful coaching sessions to the team of UKCC Assessors to achieve the certificate.

WHO IS UKCC LEVEL 2 SUITABLE FOR?

To gain direct entry to the UKCC Level 2 Qualification the ABRS requires that you have previous Teaching/Instructing/Coaching experience were you will have gained sufficient skills and knowledge required to maintain a safe environment whilst coaching riders. Candidates must be engaged in a teaching role and delivering training at present within an environment where they receive some mentoring (to enable implementation of new skills and have progress monitored).

Many of the candidates also hold Instructing and Teaching qualifications and wish to aid their personal professional development whilst keeping abreast of changing standards. Some candidates have also previously achieved UKCC Level 1. Though this is desirable it is not essential. In order to ensure you have sufficient technical/subject knowledge to successfully complete we also ask for a minimum of a Level 2 (or equivalent) in horse care and riding. You will also be required to produce a current first aid certificate and evidence of attendance at a child protection/safe guarding course before the award can be released. The ABRS can help with this provision. Successful coaches are listed on the British Equestrian Federation register of coaches.

Note:

- there is considerable homework to be completed between sessions.
- feedback will be given as to whether we feel you are ready for the final assessment.
- any portfolios not kept up to date during the course will incur an additional fee for getting the Coach Educator to check and sign them.
- having to re-sit the final assessment will incur an additional fee.

OPPORTUNITIES.....

UKCC Level 2 courses are being planned at various locations throughout the UK (course dates and details on the ABRS website). The current fee is £850 for training and assessment plus a £60.00 registration fee to 1st for Sport, total to be paid £910. There will be an additional delivery day, which is optional, at a cost of £175.

To express an interest, reserve a place or for all enquiries you should contact Paula Leverton on email paula.leverton@abrs-info.org or telephone 01775 640533.

Or post your completed Candidate Registration form with the appropriate fee to: Association of

British Riding Schools
Unit 8, Bramble Hill Farm
Five Oaks Road
Slinfold
Horsham
West Sussex RH13 ORL

A card payment instead of a cheque may be made direct to the ABRS by contacting the office on 01403 790294.

* Candidate registrations must be received two weeks before course commencement.